

## Notice to attend for nap sleep study

Prof Fauroux's non-invasive ventilation and sleep unit

Tel : 01.44.49.48.61 - Fax : 01.44.49.47.90

Email:nathalie.mandane@nck.aphp.fr or patricia.abenaqui@nck.aphp.fr

Child's name .....is invited on .....at **11 am**  
in Pr Brigitte Fauroux's Unit on the ground floor of the Robert Debré building, door D1 (entrance  
through « Epreuves Fonctionnelles Respiratoires »), 149 rue de Sèvres, 7015 Paris

### IMPORTANT GENERAL INFORMATION – PLEASE READ

- One of the parents must remain present through the whole test.
- A lunch meal will not be provided to the accompanying parent (or to the baby).
- **It is essential to arrive on time**, any delay may compromise the ability to perform the test.
- The results of the tests will be communicated to your doctor(s) and to you at a later date.
- **If in the days leading up to the test, your child develops a fever, cold, chest infection, abdominal pain, diarrhea or any other illness, it is essential to let us know on the phone numbers or emails below (+33 1 44 49 50 47).**

### DOCUMENTS

- Remember to bring your child's health record, along with any medical documents relating to him that you have in your possession (particularly any previous sleep studies if there have been any), as well as any medical treatment.
- **If your child has non-invasive ventilation, it is essential that you bring ALL of his equipment: ventilator, mask and harness and circuit.**

### Clothing

- Your child must bring his pyjamas or a baby-grow with a pair of socks to allow the sensors to be attached.

### Preparing for the sleep Study

- Remember to bring toys, games your child can play in bed, his favourite book... to help the afternoon and evening go by. Any favourite objects that will help him to have a good nap are welcome (favourite teddy, dummy, quiet music...)
- Remember to bring his bottle; you'll have time to feed your baby to help him fall asleep quickly.
- **Make sure your baby doesn't sleep 2 to 3 hours prior to taking the test.**

As soon as you receive this notice, we ask that you write to  
laboratoire.efr@nck.aphp.fr or call 01 44 49 50 47 to confirm your child's attendance.  
**If we have not received your confirmation within the 3 working days prior to the appointment date, we reserve the right to use the appointment for another child.**

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